Liste des 14 allergènes principaux par recette

| | | (- | | | (-) | | (9) | | | (1) | (1) | | (| | (. |
|---------|---|----------------|-----------------|------|------------|----------|-----------------|---------------|----------------|--------|------|------------|--------------|--------|--------------|
| | Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustac és | Mollusq ues | Céleri | Soja | Arachid es | Moutard e | Sésame | Lupin |
| | Lundi 13 Octobre - Déjeuner | | | | | | | | | | | | | | |
| | Penne arrabbiata | Х | X | | | X | | | | | | | | | |
| | Duo de haricots verts et haricots beurres | | | | | | | | | | | | | | |
| | Torsades | | X | | | | | | | | | | | | |
| | Emmental râpé | X | | | | | | | | | | | | | |
| | Fromy | X | | | | | | | | | | | | | |
| | Compote pommes abricots | | | | | | | | | | | | | | |
| | Pain | | X | | | | | | | | | | | | |
| | Mardi 14 Octobre - Déjeuner | | | | | | | | | | | | | | |
| | Macédoine mayonnaise | | | X | | X | | | | | | | X | | |
| | Boulettes d'agneau | | X | | | | | | | | X | | | | |
| | Pané de blé fromage épinards | Х | X | | | | | | | | | | | | 1 |
| | Ratatouille | | | | | | | | | | | | | | 1 |
| | Riz | | | | | | | | | | | | | | 1 |
| | Crème dessert caramel | Х | | | | | | | | | | | | | |
| | Pain | | X | | | | | | | | | | | | |
| | Jeudi 16 Octobre - Déjeuner | | | | | | | | | | | | | | |
| | Tomate et maïs | | | | | X | | | | | | | X | | 1 |
| | Chipolatas aux herbes | | | | | X | | | | | | | | | 1 |
| | Omelette basquaise | Х | | X | | | | | | | | | | | 1 |
| | Brocolis | | | | | | | | | | | | | | 1 |
| | Pommes sautées | | | | | | | | | | | | | | _ |
| | Roulé chocolat | Х | X | Х | | | | | | | X | | | | _ |
| | Pain | | X | | | | | | | | | | | | |
| | Vendredi 17 Octobre - Déjeuner | | | | | | | | | | | | | | |
| | Beignet calamar | | X | | | | | | X | | | | | | |
| | Poêlée brocolis carottes potirons | | | | | | | | | | | | | | _ |
| | Semoule | | X | | | | | | | | | | | | |
| | Mimolette | X | | | | | | | | | | | | | |

| | 1 | | | • | | 9 | | | | * | | (1) | * | • |
|--------------|------|-----------------|------|---------|----------|-----------------|---------------|----------------|--------|------|------------|--------------|--------|-------|
| Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustac és | Mollusq ues | Céleri | Soja | Arachid es | Moutard e | Sésame | Lupin |
| Fruits | | | | | | | | | | | | | | |
| Pain | | X | | | | | | | | | | | | |

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